## LEWIS COUNTY EARLY HEAD START



## EHS Family Togetherness November 2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Play peek a boo or hide and seek.	2 Make a car from a tissue box.	3 Blow bubbles, inside or outside.	4 Play catch or roll a ball.	5 Go to the library and pick a book to read with your child(ren).
6 Clean and save plastic food containers throughout the month. (see the 28th)	7 Read a book together.	8 Make an obstacle course with empty boxes and furniture.	9 Sing "Twinkle Twinkle Little Star".	10 Put fabric scraps in a baby wipe container. Have fun pulling them out!	11 Play tag.	Make sock puppets and do a play/ recreate a favorite book.
13 Have a "child pick" dinner night!	14 Have a family dance party.	15 Use cardboard from a box to make a ramp. Roll a car or ball down the ramp.	16 Play "This Little Piggy", counting your baby's toes. (on back)	17 Use a muffin tin to sort objects from around the house.	18 Put some scoops or plastic cups in the bath. Practice pouring and scooping.	19 Cut toilet paper rolls into sections, string on a shoe lace.
20 Stack blocks.	21 Go for a walk, collect leaves in a bag.	22 Glue your leaves onto a collage or make a leaf person.	23 Fill a whisk with pom poms, let your child pull them out.	24 Make hand turkeys. (on back)	25 Have each person in the family share one thing they are thankful for.	26 Do a show and tell time with items from around the house.
27 Family Game Night	28 Stack your saved plastic food containers, knock them over and do it all over again.	29 Draw with crayons.	30 Family movie night.			



## **Hand Turkey Craft**

Materials you can use:

- Construction paper
- Colored pencils or crayons
- Glue stick
- Washable paint
- Tissue paper
- Felt
- Googly eyes
- Pom Poms
- Glitter (if you're brave)
- Paintbrushes







"Twinkle Twinkle Little Star"

Twinkle, Twinkle, Little Star, How I wonder what you are, Up above the world so high, Like a diamond in the sky. Twinkle, Twinkle, Little Star, How I wonder what you are.

"This Little Piggy"

This little piggy went to the market,
This little piggy stayed home,
This little Piggy had roast beef,
This little piggy had none
And
This little piggy went wee, wee, wee
All the way home!

